

**DAVISON COMMUNITY  
SCHOOLS  
COVID-19 ATHLETIC  
PREPAREDNESS AND  
RESPONSE PLAN**

**EFFECTIVE JUNE 15, 2020**



*Where Kids Come First and Futures Begin  
June 2020*

In accordance with the expectations laid out in Executive Order No. 2020-97, "Safeguards to protect Michigan's workers from COVID-19", Davison Community Schools has developed a COVID-19 preparedness and response plan, consistent with recommendations in Guidance on Preparing Workplaces for COVID-19, developed by the Occupational Health and Safety Administration. This plan will be readily available via the Davison Community Schools website, digital and in-person communication to DCS Athletic Participants.

This plan is based on information available from the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention ("CDC"), the U.S. Department of Labor's Occupational Safety and Health Administration ("OSHA"), guidelines set forth by the Michigan High School Athletic Association, and Michigan Executive Orders No. 2020-32, 2020-36, 2020-39 and all orders that follow. It is subject to change based on further information provided by the CDC, OSHA and other public officials. Davison Community School District (DCS") may also amend this Plan based on operational needs.

## **Responsibilities of Davison Community Schools**

DCS has put in place the following practices and measures as a part of this Plan to protect staff members and students from the spread of COVID-19 for the duration of what is now referred to as the COVID-19 pandemic:

- DCS will **provide notice regarding this Plan** to each participant through communication via the athletic office, the event or activity coach/leader, and has posted it on DCS web page, under the COVID-19 tab.
- DCS will mandate that individuals who are on premises **maintain a distance of at least six feet** from one another to the maximum extent possible, **wear a face-covering** for circumstances detailed in this plan, **refrain** from entering into areas of DCS buildings that are unnecessary to participating in the events being sponsored by DCS Athletics.
- DCS has **increased general standards of facility cleaning and disinfection** to limit exposure to COVID-19, and has adopted protocols to clean and disinfect in the event of a positive COVID-19 case during the sponsored event.
- DCS has **published protocols to prevent participants from entering the premises** if they display symptoms associated with COVID-19, or who have had contact with a person with a confirmed diagnosis of COVID-19.
- DCS will **provide** as appropriate for the activity to be performed, soaps and disinfecting supplies for participants for routine use. Pursuant to the Executive Orders, DCS will attempt to make available non-medical grade masks for staff who must work on-premises, but all participants are encouraged to bring and use cloth masks to ensure sufficient mask supplies can be maintained at each event for staff.
- DCS has **adopted protocols to limit the sharing of equipment** to the maximum extent possible, and to ensure frequent and thorough cleaning of equipment and frequently touched surfaces as feasible. (See Responsibilities of Participants section below.)
- The Superintendent has designated administrative and supervisory staff to monitor and oversee the reopening of Athletic events and participation and the safety of DCS

participants, and has additionally informed them to immediately isolate any person who shows symptoms of COVID-19 while participating in an Athletic event or activity.

## Responsibilities of Participants

For the duration of the COVID-19 pandemic period, participants are expected to:

- Follow basic infection prevention measures, included but not limited to:
  - Frequent and thorough **hand washing** for at least 20 seconds.
  - Follow appropriate **respiratory etiquette** (e.g., covering sneezes and coughs with crook of arm).
  - **Stay at home if sick.** Please explore with the Assistant Superintendent if federal paid sick leave is available to you in these circumstances.
  - **Refrain** from using or sharing other participant's equipment or personal belongings.
  - Adhere to **social distancing** guidelines established in this plan.
  - **Wear a face covering** over the nose and mouth while around others in shared spaces, including during in-person meetings, and in restrooms and in accordance with the expectations detailed in this plan. For most events and activities, cloth and non-medical grade face masks are appropriate.
  - **Refrain** from social gatherings and meetings that do not allow for social distancing or that create unnecessary movement through building areas.
  
- Take their temperature before and/or immediately upon arriving at a DCS Athletic event or activity, and to complete the [Davison Community Schools COVID-19 Return to Athletics Health Screening Survey](#) prior to initially participating in a DCS Athletic event or activity and anytime the status of their responses to the questions involving their symptoms related to COVID-19 changes thereafter.
- Respect the varying comfort and concern levels of your peers surrounding the risks associated with the COVID-19 virus and subsequent feelings of returning to the work environment. Adhere to the District Board Policy pertaining to Anti-Harassment, Discrimination and Confidentiality.

- **Abide by the Procedures for Participating:**  
MHSAA Guidelines: **CONDUCT OF CONDITIONING AND PRACTICE SESSIONS**

Modified STEP 2: *\*Modified because competition may not start yet due to the physical distancing requirement of six feet. Currently ALL INDOOR facilities remain closed.*

#### 6 POINTS OF EMPHASIS-

1. Pre-Workout/Conditioning Screening
2. Limitations on Gatherings
3. Facilities Cleaning
4. Physical Activity and Athletic Equipment
5. Face Coverings
6. Hydration/Food

### Pre-Workout/Conditioning Screening

- All coaches and students will be screened for signs/symptoms of COVID-19 prior to a workout/conditioning/activity. Screening includes a temperature check and health screening survey linked [here](#). (No Touch Head Thermometer will be provided)
- Responses to the screening questions for each participant shall be recorded digitally for confidentiality and potential COVID-19 positive tracing purposes. The DCS Athletic Director, David Beamer and DCS Assistant Superintendent, Matt Lobban will curate this data.
- Any person with positive symptoms reported will not be allowed to participate until they have fulfilled the guidelines set forth by the Genesee County Health Department and have been released by their primary care provider. DCS will contact parents, as the participant will need to self-isolate and follow the proper protocols of the Genesee County Health Department including the need to contact their primary care provider or other health-care professional.

### Gathering Limitations

- No gathering of more than 100 people at a time outdoors (**NO INDOOR ACTIVITY IS ALLOWED YET**).
- Locker rooms **may not** be utilized during this step. Participants should report to workouts in proper gear and immediately return home to shower at the end of the workout. **NO USE OF INDOOR FACILITIES!**
- Participants will make use of identified and specific restroom facilities one at a time.
- Workouts should be conducted in “pods” of students with the same small group of students always working out together. This ensures limited exposure if

someone develops an infection. No students are allowed in a training area unless the athletic trainer or coach is present.

- **There must be a minimum distance of 6 feet between individuals at all times.**
- Consider organization to prevent groups from gathering in one area. When possible, limit crossover and contact, including staggering starting/ending times, enter and exit areas.

## Facilities Cleaning

- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap or hand sanitizer before touching any surfaces or participating in workouts. Protocols will be communicated to participants by the Athletic Director and reinforced by coaches at the initial event or activity.
- Hand sanitizer will be available to individuals as they transfer from place to place.
- Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces.(No shoes, no shirt, no participation)
- Any equipment such as athletic pads, etc., having holes with exposed foam shall be covered.
- Students are encouraged to shower and wash their workout clothing immediately upon returning home after every workout/conditioning. Coaches will reinforce this.

## Physical Activity and Athletic Equipment

- All athletic equipment, including but not limited to balls, relay batons, weights, hitting pads should be cleaned intermittently during practices and contests.
- There should be no shared athletic equipment (towels, clothing, shoes, or sport-specific equipment) between students.
- Individual clothing/towels should be washed and cleaned after every workout. Each student should take home to wash/clean every day.
- Individual drills requiring the use of athletic equipment are permissible, but the equipment should be cleaned prior to use by the next individual.
- Physical contact such as handshakes, high-fives, fist bumps, and hugs are not allowed at this time.

## Face Coverings

- Guidelines for cloth face coverings should be followed. Students/Coaches can wear any type of face coverings as long as it covers their nose and mouth. (does not have to be N-95)
- It is recommended that face coverings be worn by students/coaches when and if able. **Exceptions** are swimming, distance running or other high-intensity activity.

## Hydration Food

- All students shall bring their own water bottle. Water bottles must not be shared.
- Hydration stations (water cows, water trough, water fountains, etc.) should **not** be utilized.
- Food should not be shared.

## Identification and Isolation of Sick Individuals

DCS has implemented the following procedures for the prompt identification and isolation of participants:

- Participants are to self-monitor for signs and symptoms of COVID-19. Currently, that means that they should report through the [Davison Community Schools COVID-19 Return to Athletics Health Screening Survey](#) and to their coach or the Athletic Director,

David Beamer:

- o Atypical Cough (non productive or dry)
- o Shortness Of Breath, or difficulty breathing
- o Or, if two or more of the following symptoms are present:
  - Fever            - Chills            - Repeated shaking with chills
  - Headache      - Sore throat    - New loss of taste or smell
  - Muscle pain

Participants who experience the cough and/or shortness of breath and/or any two of the other noted symptoms must follow CDC guidelines and contact your health provider immediately.

More information is available at

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html> .

Exhibiting Signs:	Contact w/COVID:	Diagnosed w/COVID:
Participants who exhibit signs and symptoms of COVID-19 must remain home until they are symptom-free for 72 hours (3 full days) without the use of fever reducing or other symptom altering medicines. To the extent practical, these participants are required to obtain a doctor's note clearing them to return to work.	Participants who learn they have been in close contact with a confirmed-positive individual (at work or outside of work) must alert a supervisor or HR of the close contact and self-quarantine for 14 days from the last date of close contact with that individual. At this time, "close contact" is defined as within 6	Participants who are diagnosed with COVID-19 are prohibited from entering any DCS building or local district sites, will be directed to self-quarantine at home, consistent with any guidance from proper medical or governmental authorities. Subject to physician orders to the contrary, participants who test positive and:

	<p>feet for a prolonged period of time.</p>	<p>(1) are symptom free for at least 7 days since the positive test may return to work; or</p> <p>(2) experience the symptoms, must care for themselves at home (or be cared for in hospital) and may return to work when they are symptom free for at least 72 hours and at least 7 days have passed since symptoms initially appeared.</p> <p>DCS may require participants to provide medical documentation clearing them to return to participate.</p>
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All DCS participants are required to complete the Health Screening Survey prior to returning to on-site essential work on DCS property. The link to do so may be found [here](#).

If DCS learns that a participant has tested positive for COVID-19, DCS will notify the Genesee County Health Department. DCS will follow Health Department instructions to conduct an investigation to determine the identities of peers who may have had close contact with the confirmed-positive participant within the prior 14 days and direct those individuals to self-quarantine for 14 days from the last date of close contact with that participant. If applicable, DCS will also follow Health Department protocol to notify any subcontractors, vendors or visitors who may have had closed contact with the confirmed-positive participant. Pursuant to CDC guidelines, participants who show symptoms of COVID-19 while at athletic events or activities shall be separated from other participants and visitors and sent home.

**Confidentiality/Privacy**

The confidentiality of all medical conditions will be maintained in accordance with applicable law and to the extent practical under individual circumstances. When disclosure is required, the number of persons who will be informed of an affected individual’s identity will be limited to

those necessary to comply with reporting requirements, administration of benefits, and to limit the potential transmission to others. Notwithstanding the foregoing, DCS reserves the right to inform other participants and stakeholders that an unnamed DCS participant might have been exposed to COVID-19, so those individuals may take measures to protect their own health. Except as detailed above, participants who believe they may have been exposed to COVID-19 at athletic events or activities by a fellow participant may only share the details of the exposure with their personal healthcare provider or the Genesee County Health Department.

**Effective Date:**

This plan is effective on June 15, 2020.

**Contact Information**

Should any DCS Athletic Participant have questions regarding this COVID-19 Athletic Preparedness and Response Plan, please reach out to:

David Beamer - Athletic Director  
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OR

Matt Lobban - Assistant Superintendent  
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