



Helping Kids Handle Anger

Call My Hand Gentle

Haan, A. (2003). *I call my hand gentle*. New York, NY: Viking.

Description: The various positive and negative uses for our strength.

Alexander and the Terrible, Horrible, No Good, Very Bad Day

Viorst, J. (1972). *Alexander and the terrible, horrible, no good, very bad day*. New York : Anthenum Books for Young Readers.

Description: This book helps with adjusting to the ups and downs of life.

Just Too Little

Mayer, G. & Mayer, M. (1993). *Just too little*. Westport, CT: Reader's Digest Kids.

Description: A book for an older child about being kind to a younger sibling.

It's Mine

Mayer, G. & Mayer, M. (1993). *It's mine*. Westport, CT: Reader's Digest Kids.

Description: A book about sharing and being kind to others.

That Makes Me Angry

Best, A. (1989). *That makes me angry!* New York: Golden Book.

Description: Bert and Ernie learn how to successfully resolve a misunderstanding.

Tristan's Temper Tantrum

Best, A. (1996). *Tristan's temper tantrum*. Swindon: Child's Play.

Description: Tristan (the volcano) erupts when he gets angry, but finally he learns to be happy.

The Berenstain Bears Get in a Fight

Best, A. (1996). *The Berenstain Bears get in a fight*. New York: Random House.

Description: Brother and Sister bear learn to get along instead of fighting.

When Sophie Gets Angry—Really, Really, Angry...

Bang, M. (1996). *When Sophie gets angry—really, really angry...* New York: Scholastic, Inc.

Description: Sophie learns to control her emotions.

Options for Checking Out Books

~Created by Rebecca Vannest, Elementary School Counselor~

Genesee District Library Webpage –

Step 1: Go to <http://www.thegd.org/>

Step 2: Click on “Catalog,” (far left, purple bar).

Step 3: Search catalog.

Step 4: Review book options shown.

Step 5: Revise search if needed.

Step 6: Click on preferred title.

Step 7: Click on “request.”

Step 8: Enter library card number and pick-up location.

Enjoy!

Davison School Libraries –

Step 1: Go to <http://www.davison.k12.mi.us/>

Step 2: Click on “Schools,” (far left).

Step 3: Click on your child’s building.

Step 4: Click on “Choose a link.”

Step 5: Click on “Home page.”

Step 6: Click on “Media Center.”

Step 7: Follow the directions on the page.

Enjoy!