



What is mumps?

- A viral illness that characteristically causes swelling of the salivary glands, commonly below the ears and jaw. Anyone who has not had a confirmed case or who has not been given the Mumps vaccine is at risk.

What are symptoms that could occur?

- Fever
- Headache and ear aches
- Symptoms occur an average of 16-18 days after exposure, with a range of 12-25 days
- Muscle aches
- Painfully swollen glands of the face and neck

How is it spread?

- Easily spread by nose, throat and mouth droplets from coughing and sneezing
- Mumps is contagious from 2 days prior to start of swelling up to 5 days after

How is it diagnosed and treated?

- Primary care provider evaluation and possible laboratory work
- Treatment is aimed at relief of symptoms

How can mumps be prevented?

- By receiving mumps vaccination
- All children attending day care and school are required to have 2 doses of mumps containing vaccine (MMR)
- Pregnant women should not get vaccinated as this is a live viral vaccine
- All women of childbearing age should keep out of contact with those who have Mumps

Should the sick individual be isolated?

- Yes. Notify the GCHD at **257-1017** IMMEDIATELY of any suspected/reported case of Mumps
- GCHD will notify the school when and if the case is confirmed and provide guidance

When can the individual return to the general population?

- Temperature returns to normal for at least 24 hours without medication and the swelling is gone

Should facilities do special cleaning?

- Special cleaning is not necessary. Routine cleaning with EPA approved products is recommended.

If I have any other questions, whom can I contact?

- Call the Genesee County Health Department at 257-1017